

# Expressive Therapies, Doctor of Philosophy (PhD), Low-Residency Doctoral Program



## Learn how to transform lives-without having to transplant your own.

Transform individuals and communities through creativity, scholarship, and collaboration. Enhance your practice and become a leader in expressive therapies through this low-residency doctoral program, which interweaves artistic expression and inquiry with a focus on research. Join with Lesley's world-recognized faculty and other committed professionals to expand the theory and practice of expressive therapies, exploring new opportunities for research and global impact.

Lesley University's doctoral program in expressive therapies provides you with the opportunity for in-depth study, artistic growth, and professional development regardless of your arts therapy specialization.

Guided by your own interests and experience, you'll conduct relevant research and contribute new scholarship to the field. Whether you're looking to further your career in higher education or become a leader in an arts therapy discipline, our program is designed to help you meet your goals.

The low-residency model provides a convenient format that allows you to expand your knowledge base in expressive therapies, while accommodating your work schedule and personal life. Complete a 3-week on-campus residency for three summers. During the residency, you'll meet with your faculty advisor, attend seminars and classes, design research projects, and collaborate with other doctoral students. Between residencies, continue your work from home while staying connected with your faculty advisor and peers via online class sessions.



For more information contact the Office of Graduate Admissions  
617.349.8300 [info@lesley.edu](mailto:info@lesley.edu) [www.lesley.edu/expressive-therapies](http://www.lesley.edu/expressive-therapies)



# Expressive Therapies, Doctor of Philosophy (PhD), Low-Residency Doctoral Program



Summer Housing is available on campus.

Application due February 15th

The same deadlines are applicable  
for international applications



## PROGRAM OF STUDY - 45 CREDITS

### Doctoral Year 1 - 15 Credits

Residency I	- 6 Credits
Doctoral Seminar I	- 5 Credits
Doctoral Seminar II	- 4 Credits

#### Course Sections

Arts Apprenticeship  
Research I - Quantitative, Qualitative  
Critical Inquiry  
Philosophical Foundations of Expressive Therapies

### Doctoral Year 2 - 15 Credits

Residency II	- 6 Credits
Doctoral Seminar III	- 5 Credits
Doctoral Seminar IV	- 4 Credits

#### Course Sections

Arts Based Research  
Shifting Power Paradigms in Research  
(formerly Multicultural Issues in Research)  
Research II  
Literature Review  
Interdisciplinary Seminar

### Doctoral Year 3 - 15 Credits

Residency III	- 6 Credits
Doctoral Seminar V	- 5 Credits
Doctoral Seminar VI	- 4 Credits

#### Course Sections

Professional Seminar in Expressive Therapies  
Supervision Leadership in Expressive Therapies  
Dissertation

For application information, go to  
<https://lesley.edu/academics/graduate/expressive-therapies-phd>